



*Taku Mana
My Prestige*

*Taku Manawa
My Heart*

TE KARERE

A Newsletter from Aotea College

Important Dates: Term 1 2022

March

15th ~ CSW Golf Championships
17th & 18th ~ Y13PEO Kaitoke
Leadership Camp
23rd ~ ACA google meet 7pm
25th ~ NZSS Volleyball Nationals
28th ~ Summer Sport Tournament
Week
Board meeting 6pm

April

4th & 5th ~ 11PEO Rangatuhi Mt
Bike Trails
11th & 12th 11PEP Rangatuhi Mt
Bike Trails
14th ~ Last day of Term 1

May

2nd ~ First day of Term 2



**Edition #06
11th March 2022**

Kia ora koutou

Aotea College continues to remain open.

Following our earlier communication about rostering home of Year 13 students to undertake self directed study yesterday and today, we are informing everyone of the plan to extend the rostering next week to include Year 11 students for Monday 14th - Tuesday 15th March, Year 13 for Wednesday 16th March and Year 12 for Thursday 17th - Friday 18th March. This rostering enables us to continue to staff all classes at school even with staff isolating

Teachers and students have prepared well for this. They are set up with Google class work and Education Perfect lessons to support these short periods of independent learning. I have been impressed with the composure our senior students have shown as they prepare for next week. Online line learning arrangements are designed to ensure students do not miss more of one subject than another, should we have to extend the plan into the following week. We can tell from last year's NCEA results that our students know how to keep things on track, even when faced with new ways of doing things.

While at home students must log into their Google classrooms and complete work set by the teacher for that day. Students and teachers are using the advance notice of these arrangements to check their access and understanding of expectations.

Thank you for your support with these arrangements. We know that we may have to alter our plans if there is a sudden change in our situation and we will advise you with as much notice as we can should this be the case.

Please find in this issue contact details for support for your household should you need it.

Nga mihi nui,

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Principal
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Keep well, and business mostly as usual.

Stay at home if you are unwell.

From **11:59pm tomorrow Friday 11 March** isolation requirements for positive cases of COVID-19 and their household contacts will be **reduced to seven days** because transmission occurs within seven days. This reduction will ensure we maintain a balance between controlling the outbreak effectively and minimising the impacts of isolation requirements on people's lives.

Evidence shows that the risk of re-infection within the first three months after someone has Omicron is very low. For this reason, recovered cases will **no longer** need to isolate again if they become a household contact within 90 days of having the virus. From **11:59pm Friday 11 March**, all cases and household contacts who are currently isolating can **end their period of isolation after Day 7**. Those currently in isolation will not have to complete their Days 8, 9 and 10 of isolation.

We are closely following the Ministry of Health guidance for schools to ensure the health and wellbeing of our children, staff and community as a priority. At Phase 3 of the Omicron response, only cases and household contacts are legally required to isolate.

If you or someone in your whānau tests positive for Covid 19

- You must isolate for seven days.
- Household contacts must test on Day 3 and Day 7.

Returning to school after COVID-19

• Students who test positive for COVID-19 are not required to self-isolate after seven days, but they shouldn't return to school if they are still feeling unwell.

Advice for anyone who is unwell

Anyone who is sick should stay home until they are well.

- When a person has respiratory symptoms, they should stay at home and seek advice from their GP or Healthline. Staying home is key to controlling the spread of any virus in a school or early learning setting.
- Many children will have a long-lasting runny nose or cough after viral infections. If it is over 10 days since the onset of COVID symptoms and they are no longer feeling unwell, they are very unlikely to be infectious and can therefore return to school.
- However, if they are continuing to feel unwell or their symptoms are worsening after 10 days, they should not return to school and a GP review, or a call to Healthline, is recommended.

Parents or caregivers will be contacted if a young person arrives at school unwell or becomes unwell during the day. They will not be able to remain at school.

• Many children will have long lasting runny nose and cough after viral infections. If it is over 10 days since the onset of the COVID infection and they are no longer feeling unwell, they are unlikely to be transmitting any active COVID infection and can return to school. However, if they are continuing to feel unwell or their symptoms are worsening after 10 days then GP review is recommended.

Household contacts are required to isolate for the same seven days as the case. They can return to their normal activities on the same day as the first case in their household, so long as all test results have been negative, and they have no symptoms.

Household contacts will be required to take a self-administered rapid antigen test (RAT) on Day 3 and Day 7 of the case's isolation period.

If symptoms develop at any time during isolation:

- the usual advice remains in place to undertake an additional RAT
- if the test is negative and symptoms persist or worsen, test again 48 hours after that negative test
- if symptoms resolve there is no need for a further test until the required Day 7 test. If this is negative, they can return to daily life on Day 8.

If a household contact has new symptoms on the day of release:

- they should undertake an additional RAT and stay at home while unwell
- if that test is negative and symptoms persist or worsen, test again after 48 hours. If symptoms resolve, there is no need for a further test.

If a household contact has finished their period of isolation they do not need to return to isolation if a new case is identified in their household. However, this only applies for a period of seven days following their leaving isolation.

If a new household member is confirmed as a case eight or more days after the household contact has left isolation, then they must start a new period of self-isolation for seven days.

What you need to do

- You and your whānau should be very vigilant about monitoring for symptoms.
- If any symptoms develop, get tested immediately.
- Wear a face mask when out and about.
- Wash hands often with soap for 20 seconds and dry your hands completely.
- Wash your hands if you have been in a public place or after blowing your nose, coughing or sneezing.
- Avoid touching your face, and cough or sneeze into your elbow or cover your mouth with tissues.
- If you and your whānau haven't been vaccinated or boosted, please do so as soon as possible. You can book on-line at bookmyvaccine.nz or by calling 0800 28 29 26. It's free.
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Symptoms of COVID-19

- A new or worsening cough.
- Sneezing and runny nose.
- A fever.
- Temporary loss of smell or altered sense of taste.
- Sore throat.
- Shortness of breath.

For more information, go to [the Unite Against COVID-19 website](https://www.uniteagainstcovid19.org.nz).

What we're doing

- We are staying open.
- We are using public health measures to reduce the risk in our settings, including masks, physical distancing and ventilation.
- We have appropriate cleaning procedures in place.

COVID SUPPORT

Positive COVID Case?

Self-Isolating?

Need help with food or welfare needs?

Call 0800 512 337 to seek assistance.

Canteen

WE ENCOURAGE THE PRE-ORDERING OF ALL FOOD/DRINKS FOR LUNCH ONLINE or BEFORE SCHOOL BY 9 AM - this is to help us manage our Cafe service and avoid queuing and large gatherings of students.

Online - we offer CLICK AND COLLECT and this is our preferred, pre-paid and contactless way of providing our Cafe service. To do this go to www.mykindo.co.nz. Choose "create an account" - all you need is your contact information and child/ren's names? Instructions are pretty easy to follow.

Topping up your Kindo account

Need to top-up your account? Either choose the top up account option or top up at the checkout when you make your next payment.

POLi is now available for Kindo users, and it is instant and fees free.

Internet Banking is also available and fees free. Please allow 48 hours for funds to transfer so this is not recommended for urgent purchases

Visa / Mastercard / American Express / China Union pay – charges apply.

Or use the Bank Transfer option to set up an automatic payment from your bank account into your Kindo account, so that you always have funds on hand when you need them.

You can then preload a credit amount. Most people credit the amount for the following week, or for several weeks. Parents can help with healthy choices and budgeting using this system and keep track of purchases. Call the Kindo helpdesk on freephone 0508 454 if you need a hand, or email: hello@mykindo.co.nz

Student Council 2022

Our Student Council is an important vehicle for giving out students a voice that is heard in the day to day running of Aotea College. Over the years they have been responsible for a number of positive changes and initiatives in our College.

I am pleased to announce that in 2022 the Student Council is going to be led by:

Jess McManaway and **Kaela Stodart** (Co-Chairs)
Ellie Reece and **Gaby Verran** (Junior Co-Chairs)



Year 10 Food Technology

Year 10 food technology make samosas. They are deep frying, preparing for a health and safety assessment.

Sports News

Covid Traffic light information

It is important we keep not only ourselves safe but also those around us. For our students playing sports this creates some new restrictions and rules around sports that Aotea College participates in during the traffic light system.

Aotea College Sport is currently at COVID Red: CSW has mandated that all participants must have a vaccine pass to participate in their competitions.

Please read the following link:

[Aotea College Sport at Covid Red.docx](#)

Sport congratulations

Surf

Two of our Yr 9 boys excelled at the recent Capital Coast Surf Champs ~ **Felix Thomas** (9SZ): Gold in surf race and Bronze in diamond. **Travis Carnegie** (9GNY) : Gold in Board and Board relay, Silver in flags, surf race, and diamond



Rowing

Good luck to our three rowers Leila Mackay, Ethan Thomas-Tuiavii and Sean Foote as they are competing in the North Island Secondary School Champions at Lake Karapiro this weekend. Wish you three all the best and we look forward to hearing how you get on.

Basketball Workshop/ Referees.

Senior A Coach Jacob Huntington is offering 2 weekend basketball workshop being held on the 19th and 26th of March. Juniors are from 12pm-1pm and Seniors will be from 1pm-3pm. We are only taking the first 30 for both Juniors and Seniors sessions. If you are interested please register through the Aotea College Sport Website.



We are also on the lookout for some basketball referees. You do not need experience as we will have a course for our referees to attend in the April holidays. Again, if you are interested please register through the Aotea College Sport website.



Sport trials

In order to be eligible to trial for any sport please make sure that you have registered and paid the registration fee.

Please follow [this link](#) to our sports trials that are happening for the rest of the term.

Upcoming trials

- Junior Netball
- Basketball
- Girls football - preseason will start in the next two weeks. Please check your school emails for confirmation.



ITS NOT TOO LATE TO REGISTER FOR JUNIOR FOOTBALL

**FIRST KICKS FOOTBALL FOR
CHILDREN TURNING 4 TO 6 YEARS.**

**JUNIOR FOOTBALL FOR PLAYERS
AGED 7-15 YEARS.**

**GIRLS ONLY SUNDAY LEAGUE
TEAMS FOR U8, U10, U12 & U14
MULTIPLE TEAMS IN EVERY AGE
GROUP FOR PLAYERS OF ALL
ABILITIES.**

**SCHOLARSHIPS TO REMOVE THE FINANCIAL
BARRIERS TO PLAYING ARE AVAILABLE**

EMAIL: OFFICE@WESTERNSUBURBS.CO.NZ